

**In the past, shopping was a routine domestic task. Many people nowadays regard it as hobby. To what extent do you think this is a positive trend?**

The fact of shopping has changed during the time and reshaped to an entertainment for everyone. Modernization and also industrialization are the more important factor to this change. I believe that these days the act of shopping is not only a simple preparation for people's daily needs, but also it is the easiest way to have fun and entertain people during their leisure times.

By the growing trend of the various industries in the modern days, there is no doubt that the majority of society will tend to follow the latest fashion. This aspect can generalize to the variety of all industries. For instance, clothes, foods, travel, cars, education. A partial of this progress includes the shopping which is an inseparable part of development. People constantly do shopping for their daily needs as some chores and they go shopping as an activity to diminish their stress from daily work, have some activities like watching movie on cinema and a family meal gathering which are almost collected in a large place such as shopping center. Most of the shopping centers have some amusing place for entertaining children.

Although this family gathering is a vital need, **lavishing** money **on** some unnecessary matters are more thinkable. All individuals should spend their money wisely and on a way without excessive expenditures. Besides, these saying, merely go to shopping puts obstacle in the way of people for participating in a gym or health club. They may neglect to exercise. This has a drawback of going shopping more than normal.

In conclusion, however, shopping is recognized as a stress free act, especially for women, it has its negative aspect too. Because it could be an unhealthy habit that can addict people to do. This is inappropriate that these addicted

people cannot deposit their money for rainy day. If shopping done reasonably, its effect is more beneficiary.